



Rolls-Royce RFC Code of Conduct

Being part of a Rugby club can be one of the best experiences of your life. The code of conduct herein is to ensure that this applies to anyone involved with our fantastic **INCLUSIVE** Club.

Code of Conduct for General Behaviour and Social Media

As a club we have obligations not just to our players & supporters, but also to Rolls-Royce Plc (who authorise us to use the name Rolls-Royce), Rolls-Royce Leisure Association (who allow us to use the facilities) & to our sponsors (without whom we would have to significantly increase membership fees). We also have other stakeholders from within the game of Rugby (RFU, NLD RFU, and NLD Referees Society).

There are risks when representing the club in any capacity including using social networks that you be aware of and consider. It is essential that you protect yourself, the club & its relationship with our stakeholders. Anything you publish on a social network is open and available to all; In the modern day anything you do whilst representing the club can be recorded, it is important that you protect yourself by being sensible, careful & considerate.

When representing the club via the club website, Social media, group Messaging Applications, attending a social event, at training and on match days:

- Remember **YOU** are the publisher and are responsible for **YOUR** actions
- Do not conduct yourself in a manner nor publish something that could besmirch the good name of Rolls-Royce Plc
- Do not conduct yourself in a manner nor publish something that could bring RR RFC into disrepute
- Do not conduct yourself in a manner nor publish anything derogatory or libellous about a referee
- Do not conduct yourself in a manner nor publish anything that will cause personal embarrassment, social or professional problems for a member of the club
- Do not display behaviours nor publish anything that could be found offensive, including but not limited to:
 - Comments which bring the game into disrepute, or are threatening, abusive, intimidating, indecent, harassing or insulting.
 - Comments that include a reference to a person's national origin, ethnicity, race, faith, gender, sexual orientation, disability, age or any other legally recognised protected basis under applicable law
 - Do not use abusive, derogatory, vulgar or sexual language

Actions contrary to the above code will result in the following, instigated by the members of the club committee:

- You will be asked to remove your post, and apologise for contravening the code of conduct
- Failure to do so and or repeat offenses will result in you being removed from club social media for a minimum of 24 hours, or asked to leave the club event, be it social, training or match.
- Further violations will be submitted to a club disciplinary panel, (made up of senior committee members) where further sanctions may be imposed, these can include:
 - Removal of access to premiership and international tickets via the club allocation
 - Permanent removal from club social media
 - Removal of access to further club social events included Elliot 7s and Tour
 - Exclusion from the club for a period of time or permanently

If you are witness to any behaviour that contravenes this code, then please raise your concerns with a member of the committee.

One Club, One Squad – We Are All a Team



Rolls-Royce RFC Code of Conduct

Code of Conduct for Training & Matches

Behaviours

- Respect to coaches – no backchat, if they say do something you do it without complaint to them or other players.
- Respect your team mates – Rugby is a team game you will not do well if the 14 other players on your team are not there to help you, so treat them as you would want to be treated.
- If someone makes a mistake, don't shout at them or make them feel stupid, it happens to ALL of us encourage them to do better next time. This is training – where we learn.
- We have people training with us who have never played rugby before and it will take them time to learn the game – be patient remember what it was like at your first ever training session and help them out.
- If you have a problem with something, mention it at an appropriate moment to the coaches, do not disrupt everyone else's learning.
- No back chat of any kind to the referee or touch judge, all communication goes through the Captain. This also applies to game simulations in training.
- Enjoy yourself and help others to enjoy training, the way we improve is by enjoying what we do; this can only happen if everyone wants to help make themselves and the team better.
- Above all we are a team, work together, encourage each other. We can only develop and win as a unit.
- Go to the bar after the match and enjoy a drink with your team mates and the opposition, we should not be leaving before they do.
- Respect the speaker in after match presentations, including club dinner.
- Win.

Participation

- Turn up on time, for training be ready to start at 6:00pm. For matches make sure you are in the specified location in advance of the formal meet time.
- If you cannot attend training or are running late for any event please inform the Captain ASAP.
- Wear the correct kit, including gum shield and remove all jewellery, put playing shirts on the floor of the changing room the right way out post-match.
- For Matches arriving in you training gear, wearing you club training top, don't forget your post-match club attire:
 - Light Blue Shirt
 - Club Tie
 - Smart Trousers
 - Smart Shoes
- If you are last out make sure the changing room door is shut and locked and ensure the keys have already gone out.
- Join in with all activities and always give 100%.
- Everybody is to help and ensure all the required equipment is on the field before the warm up and returned at the end, this is the only way it will be available for you to use next time.
- Leave the changing rooms tidy, all rubbish picked up. Including the visitors
- Inform the captain of your availability via Teamer for each game before 17:00 hours on the **MONDAY** before a game, as selection will take place on Tuesday night. You will be assumed unavailable if you have not submitted your availability by this time. And as such could be missing out on a game or worse prevent others by playing if we are short on numbers.

One Club, One Squad – We Are All a Team

One Club, One Squad – We Are All a Team